What a memorable day our first meeting was. What enthusiasm flowed across the room. Indeed, so many non-members signed up to be members after our first meeting that we ran out of application sheets. Each of you as members will be inducted at our next meeting on August 19. As we get up and running, there will be more activities to sign up to at each meeting. Head to the Activities Team Table and don’t forget the Bookshop Table. Bring some - take some!

Expressions of interest for Activity Group Convenors are being asked. It is not a stressful role to coordinate an activity so please let one of the Activities Team know if you will volunteer to lead one of the groups.

We have convenors for Book & Movie Club, Walkers, Lunch & Munch, Theatre, Tours, and Mahjong Cards Group. Fantastic. Read The’Mead carefully and consider an activity you would like to see occur and LEAD. : )

PLEASE REMEMBER If bringing a non-member, ensure he/she signs in TWICE - once at entry into Club and once at Probus Membership Officer’s Desk (Probus insurance issue).

Cheers Barbara
Our July Guest Speaker SERINA from Trade Travel was lively, offering much to think about as an active retiree. Travel has NEVER been easier and more inclusive. Contact Serina at serina@tradetravel.com

Got a fun Senior Moment to share?
Send your very very short story to Linda at lcglangford@gmail.com

Here's one just for you! It's anonymous... yours can be too.

An elderly couple had dinner at another couple's house. After the meal, the wives left the table, moving into the family room. The two elderly gentlemen continued chatting, until one said, 'Last night J and I went out to a new restaurant - it was really great. I'd highly recommend it.'

His mate replied, 'What's the name of the restaurant?'

The first man thought and thought and finally said, 'What's the name of that flower you give to someone you love? You know ... the one that's red and has thorns.'

'Do you mean a rose?'

'Yes!!!' Then turning toward the family room, he yelled, 'Rose! What's the name of that restaurant we went to last night.'

Mauritius

Castle Hill Probus Club has INVITED us to join them on their journeys in 2020.

Indian Ocean Paradise 11 days/10 nights journey to Mauritius on May 3-13 2020 sounds idyllic (and for a small extra you can go and play with lions!).

Contact serina@tradetravel.com
Got an Idea for an Activity?

What would you like to do as a Probus Northmeader?

We are open for ideas that will have you smiling, inspired, involved.

Be creative, be bold, be courageous - let's strengthen our friendships, have incredible fun, improve our memories, keep physically active and emotionally sound. Our well-being is EVERYTHING.

Nothing is out of the question - well... cost, and distance, might have some restraints but let's give it a shot.

Send your ideas to any of the Activities Team members - Jenny, Robyn, Linda or Liz (emails on LAST page of The ‘Mead).

Our Probus Club is only as DYNAMIC as YOU!

Guest Speaker
August
Elizabeth Sequeria

What a perfect way to start our Northmead Probus Club - Elizabeth Sequeria is dedicated to helping us tell our life stories - to hand down to our children and grandchildren memories of their grandparents, their parents, their own story.

Elizabeth started her business Life Stories in 2013. Life Stories is just not about putting your photos (paper or digital) into some chronological order.

It is strongly about giving a comprehensive insight into YOUR life story.

As Elizabeth notes, “I love researching my family history, I love old photos, and I love helping others uncover the lives of their ancestors.”

We will walk away from this session inspired to sort through those zillion photos on our devices and indeed in our photo albums and under the bed in those boxes.

Read more at www.memoriesofalifetime.com.au

We never remember days, only moments.

Cesare Pavese
Fantastic Excursions Coming Up

For payment, travel time and meetup venue email [Robyn Newland](mailto:robyn.newland@archibaldprize.com)

- Archibald Prize: 30 August
- Riverboat Postman: 10 Sept.
- Il Lago Lunch: 12 Sept.
- Geranium Cottage Lunch: 3 October
- Goat Island: 24 October
- Billy Elliot Matinee: 20 November
- Elvis Tribute Eve: 30 November
- School of Rock Matinee: 26 February (2020)

Interest Groups are Growing

So many wonderful ideas - golfing, luncheons, theatre, craft, Book Club, tours, photography, Mahjong, card games, GoldOPALS, gardening, Pickleball - keep going.

What YOU think will be great - WILL BE.

Let [Liz](mailto:liz@example.com), [Robyn](mailto:robyn.newland@archibaldprize.com), [Jen](mailto:jen@example.com) or [Linda](mailto:linda@example.com) know of a special group you think will be fun and filled with wonderful fellowship.

All YOU need to do is [call or email](mailto:activities@archibaldprize.com) any of the Activities Team (listed above and on last page of The ‘Mead).

Christmas Luncheon

**Springfield House**

Dural

26 November at 11.30am

Full details email [Jenny Dwyer](mailto:jenny.dwyer@archibaldprize.com)

Help... how do I pay?

GREAT QUESTION!

Grab a pay envelope at the next meeting.

At the moment we can only accept CASH. We are working on EFT access.

Watch this space.
Our COMMITTEE

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Breaking News

Walkers
Convenor Patrick Vallely
Contact 0403161515

Book & Movie Club
Convenor Linda Langford
Contact 0417892309

Lunch & Munch
Convenor Jenny Dwyer
Contact 0409651172

Theatre Club
Convenor Linda Langford
Contact 0417892309

GoldOPALS
Convenor
Contact

Garden Club
Convenor
Contact

Tours Club
Convenor Patrick Vallely
Contact 0403161515

Mahjong & Cards
Convenor Robyn Newland
Contact 0419463783

Craft Club
Convenor
Contact

Tennis Club
Convenor
Contact

More groups are being formed as the days go by....

Interest Groups are bubbling.

Thank you to those who have accepted role as convenor

Show YOUR Interest.

Call or email the convenor of the group/s you wish to be involved.

Don’t miss out on next event.