Our Next Meeting
November 18
9.30am for 10:00am
NBC Sports Club
166 Windsor Road
Northmead NSW
Postal Address
22 Kindelan Road
Winston Hills NSW 2153

Caring for You
Are you OK? We are all about caring for each other. If you know a member of our Club who needs a hug, let our wonderful Welfare Officer Jan know (0428 080 848 keith.jan@bigpond.com)

Be Kind. Take Care. That's our Probus.

The 3Fs of Fellowship
The best attribute of being a Probus member lies in our creed - the 3Fs (with a twist). Our Northmead & District Club is dedicated to Fun, Friendship and … Food (read that as conversation at lunch, dinner, walking, making,

Paying for an Event/ Excursion?
Pay direct to our Northmead Probus Bank Account.

Pay to BSB 112 879
A/C 470 889 027. Cite Event #

St George Bank Winston Hills

A Word from Barbara

How fast the time has flown since we inaugurated the Northmead and District Probus Club last July. We have achieved so much in such a short period of time. We can only get better and stronger as our combined Club evolves.

Interest Groups are growing with a dedicated group playing Mahjong weekly, and the Mookies about to hold their second meetUp. Parramatta Library has been fantastic in supporting this Interest Group. Fleurs and Walkie Talkies have also grouped together to hold a wonderful historic walk amongst the budding jacarandas (details in January ‘Mead).

You may have noticed, at each meeting, a table filled with books - for you. Just take as many books as you like. You do not have to return them but feel free to add more. And if you can help look after the books from meeting to meeting please let me know.

Our Events Team has not stopped what with more fabulous luncheons, and now theatre events beginning to take shape. Check it all out on our WEBSITE.

Wasn’t Pickleball fun. Bob Mendelsohn is such a passionate speaker. Judging by the enthusiasm from you, the members, I wouldn’t be surprised that a few of you will be playing Pickleball soon.

That is what Probus is all about, introducing you all to new ideas and interests.

’Til next meeting….
Got a Senior Moment to share?
Send your very very short story to Newsletter Editor at lcglangford@gmail.com

A true story! Seniors don't normally put their hands up to wear braces. But I did.

I faint sitting in a dentist’s chair and thought I would enter into a coma if I had to have severe dental issues as I aged. So straighten the teeth. I thought. Make it easy to clean and extract debris. So I thought! One year of hell in exchange for a clean bill of dental health in later years.

Invisalign. No one would know but me. I was given 8 weeks supply at a time. I had to ensure I was wearing the right ones at the right time or lie to my dentist if I messed up.

And then it happened… I was overseas. I do not remember placing my lower jaw appliance in a room that I was not using. Why would I? After cleaning my teeth one night, I looked EVERYWHERE for the bottom brace (these ARE Invisaligns!). Suitcase pulled apart…everything turned upside down…looking though cracks on a deck where I was drinking copious wine.

Back home my dentist shook her head. Three weeks with no brace! She added another 4 weeks to my misery.

And then 2 months later a ‘phone call from overseas… my sister was vacuuming a room and found this thing. Yup. My brace. Happily lounging in a room I do not remember being in.

“Shall I post it to you?” she smirked.

Ian Moore is a Senior!
A Senior who is active.

He is so active that he chases storms - not just ordinary storms but those HUGE lightning bolts striking through cumulonimbus cloud type ones. Imagine standing within striking distance of a supercell storm structure, or being in a hailstorm with Pickleball-size hailstones!

Call these storms tempests, whirlwinds, snowstorms, tornadoes - the more ferocious, the better.

Storm Chasers are driven by various motives - curiosity, adventure, scientific investigation, and, as we have seen in newscasts, media coverage. Ian is a storm photographer, and more. His curiosity and pursuit of the storm drives him forward.

As an enthusiastic photographer, with a preference for landscapes, seascape, travel, long exposure and sport photography, his passion for the storm brings fun and excitement into his life. In fact, he enjoys being a storm tourist, that is, he connects with others and goes on storm tours with experienced guides.

His eye for detail is precise — his creative muse is strongly evident in his brilliant photography. We will have the privilege of viewing such moments as Ian shares his excitement of the storm chasing journey with us. The beauty and the awe of storm chasing; the intrepid moments of capturing that light, and that whirl of wind creating irresistible shapes across the sky.

Storm Chasing Tours 2019
Silver Lining Tours
National Geographic Chasing Tornados
Higgins Storm Chasing APP

~ Editor
Christmas Lunch
Springfield House Dural
26 November       11.30am
Event # 103
See you there. Dress Merrily!
Queries? Email Jenny Dwyer or phone 0409651172

And We’re Ready…

DRAMA MUSIC OPERA EVENTS FOR YOU

Let one of the Events & Excursions team know if you are a DEFINITE as soon as you are able (view last page of The ‘Mead for contacts). Payment through Probus Northmead & District Account. Call Treasurer Lynne Curby on 0432 679 751 for full payment details. Please ensure you give her your full name and for which event number you are paying.

EVENT contact Linda DATE TIME COST
At The Riverside Theatre 2019
#Event 203 Dylan Revisited Nov 8 8pm $57.10
#Event 204 Someday at Christmas Dec 15 3pm $37
2020
#Event 205 Les Miserables Feb 15 2pm $45
#Event 207 Senior Moments 2 March 10 2pm. $55
#Event 206 No Pay? No Way! April 4 2pm $74

At The Winston contact Robyn
Melbourne Cup Lunch Nov 5 12.30pm off the menu

HOT OFF THE PRESS

Social BBQ
Wednesday November 19  5.00pm
BYOFGC. Venue will be one of our parks in our District. - revealed at November meeting!
Confused by BYOFGC… BYO Food, Grog, Chair

Elvis Presley Tribute Evening
Let's meet up prior to 8.30 for a bubbly and get ready for a very MERRY evening. Might even share a bubbly with Elvis - who knows.
Any queries, email Jenny or ‘phone 0409651172
INTEREST GROUPS

THINK positively
EXERCISE daily
EAT healthy
WORRY less

Our Probus Club is only as DYNAMIC as YOU!

Contact THE CONVENOR of the Interest Group to ensure you know:

- Time and date
- Meet up point
- Purchasing of tickets, if any

Have an idea for an Interest Group? Sent idea to our Executive? Volunteered to convene an Interest Group? Had it voted on by members at meeting? Fantastic!

Then let's go. Just send information to Executive Committee as to when you will meet, timing, and what venue.

Want to share an Interest Group story or photos, please send to Newsletter Editor

Check out our WEBSITE for up today information. Click here and go to Interest Groups.

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**Fleurs**
Convenor: **Sandra Joy** 0410 511 678
Next MeetUp: Nov 11 (see Website)

**Walkie Talkies & Fleurs Jacaranda Walk**
Combined Event # 400
Convenors: **Patrick Vallely** 0403161515  
**Sandra Joy** 0410 511 678
Next MeetUp: October 31  Woolwich Pub

**Mookies**
Convenor: **Debra Sheath** 0421998434
Next MeetUp: Nov 4  Winston Hills Pub 11am

**Mahjong & Cards**
Convenor: **Jan Field** 0428080848 (ring Jan re venue)
Next MeetUp: Every Monday 1-3pm

**Krazy Whist @ NBC**
Convenor: **Barbara Towart**
Next MeetUp: TBA
Rivendell Flower and Garden Show was held in the Thomas Walker Estate. A magic time of fashion in flowers, market style food, music, and high tea, celebrating Spring.

Key ideas were shared in a mix of artistry, style and design. We even had a chance to make our own floral head wreaths.

All funds raised from the Rivendell Flower and Garden Show went to Concord Hospital’s Department of Geriatric Medicine and the Ageing and Alzheimer’s Institute.
A challenge for our ‘Meaders!
Got a story or poem or artworks bubbling away.
Send your contribution to Newsletter Editor.
It can be anonymous, if requested.

A wonderful poem by one of our ‘Meaders…
Carole Harwood

REFLECTIONS

I look into the mirror
And my skin is smooth as silk.
No wrinkles on my face, neither on my slender neck.

I check my butt, no sagging there,
My waist is nice and trim
My arms are thin
No grey hairs on my head -
Oh boy! I’m looking good.

I smile. Put on my glasses. Arrrgggghhhhh!

Oh Gawd! I’m now depressed.

~ CAROLE HARWOOD

Every time I look into the mirror, a crazy old lady stands in front of me so I can’t see my reflection!

Anonymous

Tom Hussey developed Reflections from the Past, after being inspired by a WWII Veteran who looks in the mirror as an 80 year old and only sees his young self. Check out the beautiful photos on the website Digital Synopsis.
Balls Head/ Berry Island Walk
What a walk... along bush tracks with winks of the harbour shining turquoise. Paradise. Who knew the inner harbour could be so beautiful along hidden tracks.

Overall, we climbed 25 flights and walked about 8.5kms

Walkie Talkie leader Patrick kept us in line.

Scott, our Tail End Charlie, made sure we stayed on the trail.

Our Walkie Talkie Tribe of 14 intrepid Probuscians began with vim and vigour and ended with a scrumptious lunch at the Coal Loader. Can you spot some bubblies? : )
Jenny welcomed 16 lunch munchers to our second ‘Meaders luncheon at the very eco-beautiful Geranium Cottage.

We were definitely fish eaters judging by 15 of the 16 ‘Meaders ordering the salt and pepper squid, panko prawns and crumbed fish dish.
We enjoy a coffee and some munchies at the Winsto once a month - pretty enthusiastic discussions are on the menu.

October Book Umbrian Supper Club…. November / December/ January Books and Movies will be revealed at November 4 meeting. Interested? Call Debra Sheath 0421998434

Guest Speaker (October) Bob Mendelsohn inspires ‘Meaders to give this active retiree sport a go!

A Pickleball Moment

Mookies
A Book and Movie Interest Group
Northmead & District Probus
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