A Word from Barbara

At last the rain has come. I can hear the gardens jumping for joy.

Sandra Joy must have been doing some considerable praying. She has organised a couple of dynamic Fleur events (Gardening Interest Group) at the end of September and October.

Theatre (Drama, Opera, Musicals, Movies) events are beginning to move forward. A number of events have been organised at the Riverside Theatre for our Northmead & District Probus. Check the website and book/pay for your ticket via our bank account (details below) for the October, November and December events. We can only hold so many tickets and for a limited time.

Don’t forget KRAZY WHIST on October 28th at Northmead Bowling Club (NBC) from 10am to 1pm.

Quite a few members and visitors have asked about the number of meetings/events non-members can attend. Basically, non-members can attend three meetings/events in total within the Club. Importantly, non-members who are on our waiting list must attend at least three meetings before they can become inducted. There are always exceptions, though. These will be dealt with by the committee on a needs basis.

To HELP you stay informed of the events/excursions/Interest Group happenings, our Northmead & District Website has it all. IT is EASY to access. Open Google. Type in Probus Northmead & District and ‘voila.’
October Guest Speaker
Bob Mendelsohn

Probus is renown for emphasising active as part of its philosophy. Continuing to create, to develop different skills, being in the moment, alive and ready to trial different experiences, we are committed to being active retirees.

There is no better way to demonstrate our focus on being active retirees than to get involved in something new.

Bob Mendelsohn, Founding President of Pickleball NSW, is part of a growing sport in New South Wales and, particularly, in Sydney. An unusual name for a sport?

Yup! And Seniors across the globe are loving it. https://pickleballaus.org/

Bob has been instrumental in organising Pickleball across Sydney, with venues ranging from Ryde to Abbotsleigh, Northern Beaches to Hornsby, Wahroonga to Dee Why and even one in the City of Sydney.

As our October Guest Speaker, Bob is a dynamic, humorous and engaging spokesperson for Pickleball. An energetic ’60s something advocate for a sport that is perfect for retirees, Bob’s talk will be active so be prepared to place a paddle in your hand, tap the special ball (filled with holes), learn about keeping out of the kitchen, and importantly the art of thinking before ‘volleying’.

He will also introduce you to the subtle art of scoring - something many of us first year Pickleballers are still trying to come to grips with.

Did I mention Pickleball is not only great for aerobics and stretching those back muscles but for mental stamina?

Oh, like being a member of Northmead & District Probus, playing Pickleball with like-minded active retirees forges FRIENDSHIP, is FUN, and the camaraderie - the FELLOWSHIP - grows.

~ Editor
Events & Excursions

OCTOBER 3! LUNCH in an ECO Garden!
Geranium Cottage  $25 payable at the restaurant
828 Old Northern Rd, Middle Dural

Check it out online… here (for info on Geranium Cottage).
A very cool eco Cafe and nursery.

IMPORTANT  Email Jenny or text 0409651172 to let her know you are coming.

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November 30
Elvis Presley Night
#104

Channelling Elvis Presley, Mick Gerace extends an INVITATION to Probus 'Meaders to a wonderful nostalgic musical evening.

An energetic step back into classical Elvis Presley magic, Mick is a definite Elvis doppelgänger Backed by a 10-piece band, this is an EVENING for US.

Christmas Lunch
Springfield House Dural
26 November  11.30am
$55 all inclusive
Full Payment by October 21 Meeting
# 103

More details email Jenny Dwyer or text her on 0409651172)

Let's meet up prior to 8.30 for a bubbly and get ready for a very MERRY evening.

Our Northmead & District Probus Club have tickets being held exclusively for us @ $45.

Email Jenny or call her on 0409651172 to reserve your tickets. Tickets must be paid by, or at, our October 21 meeting. Bank Account details on front page of this newsletter
INTEREST GROUPS

Our Probus Club is only as DYNAMIC as YOU!

October 31 10.30am Jacaranda Trail # 400
(Woolwich to Hunter’s Hill to Woolwich)

It’s Spring and the jacaranda blooms will be waving in the fresh air as we walk amidst their beauty. A combined Fleurs and Walkie Talkies Event, the guided walk ($20) around Hunters Hill Peninsula follows the Jacaranda Trail. Our Guide will share the history/stories of this beautiful riverside area. Tour begins at 1862 Schoolhouse - a brilliant 90 minute walk amongst nature.

We will begin and end at Woolwich Pub… stay for lunch (own expense). Please email Sandra Joy or Patrick Vallely if you are joining this excursion. Updates Northmead Probus web.

Fleurs & Walkie Talkies  Jacaranda Trail at Hunters Hill  $20
# 400  Payment can be made via our Probus Northmead & District Bank Account. See front page of this Newsletter for bank account details.

Convenor  Sandra Joy 0410 511 678
Next MeetUp  October 31 10.30am Woolwich Pub

Walkie Talkies  Balls Head and Berry Island
Convenor  Patrick Vallely 0403161515
Next MeetUp  October 2 9.30am NBC

Mookies  Book Red Joan
Convenor  Debra Sheath 0421998434
Next MeetUp  October 7 11am Winston Hills Pub

Mahjong & Cards
Convenor  Jan Field 0428080848
Next MeetUp  Every Monday 1-3pm

Krazy Whist
Convenor  Barbara Towart 0413572713
MeetUp  October 28 10am. NBC

FYI  No card skills needed, game of chance, fun & laughter, PRIZES for the best & worst…

Want to share an Interest Group story or photos?

Go ahead. Your Newsletter Editor (click on link above) will be happy to receive your contribution.

Contact THE CONVENOR of the Interest Group to ensure you

Time and date
Meet up point
Purchasing of tickets, if any
Cost, if any

Have an idea for an Interest Group? Sent idea to our Executive? Volunteered to convene an Interest Group? Had it voted on by members at meeting? Fantastic!

Then let's go. Just send information to Executive Committee as to when you will meet, timing, and what venue.
A day on the Riverboat Postman

Who would have thought that a day delivering mail on a river would turn into such an historic, and relaxing, day.

Cruising down the Hawkesbury River was nothing but wonderful - fresh air, birds singing, nature smiling at us.

What we experienced

- Wooden post embedded in 6,000 year old sandstone with Aboriginal art nearby.
- Passing the shipwreck ‘Parramatta’ (Australia’s 1st destroyer class ship), we marvelled at the homes along the river fronts with no services/ utilities, paying Council rates of $600/ annum.
- Peat Island (Rabbit Island) housed mentally ill patients (1902) before being home to ‘drunken’ women (1957).
- Mail drop at Dangar Island where Nock’s (Nock and Kirby Empire) home was.
- Enroute to original Postmaster House (1872), a blue phone box (1970) appeared - never used but serviced monthly. Mail delivery at Marlow Wharf had us returning via Milson’s Passage.

Excellent day of history and sociality.

~ Sherel Jakes
He wandered along one of the beaches on the Snæfellsnes Peninsula - kilometres of white, yellow and gold sand - a pleasant change from the dark volcanic sand in most of Iceland's beaches.

And now here he was. Barefooted, but wearing jeans and a long sleeved shirt, on his hands and knees digging into the sand, trying to loosen what he had originally thought was a shell of various colours, glittering in the sun.

It looked like a shell, half buried, but as he dug through the sand around its edges, he found that it was completely different. Something he had never seen before and thought only existed in stories.

He pulled at what felt like beads - shiny, miniature triangles of purple, deep blue and turquoise.

As he continued to pull, he became aware of the heaviness ... a dead weight.

He pulled. And pulled some more. Slowly, very slowly, he realised that what he was uncovering was something large, something heavy, something glittery and definitely something filled with colours.

Finally, he was able to release a significant part of the strange ‘treasure’. It was a rug - a carpet!

This did not make sense - sure a towel forgotten by a would be sunbather - but a carpet?

As he smoothed the carpet on the sand, he began to feel woozy. And then he realised that he was airborne. A voice was heard asking him to hold tight - he was enroute to an island in the Caribbean.

If you believe in something, it will happen.

~ Anonymous 'Meader
Walkie Talkies Interest Group

This was postponed in September due to stormy skies. For those of you going October 2 - enjoy.

Handy use of our Opal Card, this walk will allow us to experience Ball Head’s tangible Aboriginal history, its soaring native bushland, and outstanding harbour views. It will feel like a secret and special place despite its small size and prominent position in the inner harbour.

Berry Island is tucked deeper into the harbour but is also a tranquil and atmospheric area of bushland. A walk around these two headlands is easily made into a satisfying loop by walking up to the head of Gore Cove and alongside Berry Creek to Wollstonecraft Station to return to Castle Hill.

Friendship is when people know all about you… but like you anyway!

(IrishCraicandHumour.com)

Heads Up
Daylight Savings Happiness

We are planning a Northmead & District Probus Club inaugural Twilight BBQ in one of our many Winston Hills Parks. Looking at mid-October (after our October meeting). A wonderful chance to BYO and relax, socialise, get to know one another and enjoy a lovely evening in Nature.
A Welcome Toast presented by Events & Excursion Team member Jenny Dwyer kicked off our very first Northmead & District Luncheon at Il Lago. Attended by 21 members, we had a wonderful lunch (brunch for some of us). Judging by the buzzing of conversation, fellowship was on the menu. A complimentary red wine certainly added to the occasion.

A quick survey of the Lunchers who chose the barramundi selection gave it an average of 9. The chips were missing! Not to be disappointed, the crispiness of the barra was awesome; the deep green veggies wonderful!

Dessert was soooo good that the camera was too slow in catching its sumptuousness.
Let one of the Events & Excursions team know if you are a DEFINITE as soon as you are able (view last page of ‘Mead for contacts). Payment through Probus Northmead & District Bank Account. Bank details on ‘Mead’s front page. Call Treasurer Lyn Curby on 0432 679 751 if you have any issues. Ensure name of event is noted on your payment reference.

John Waters event MUST be paid by by October 8 (see front page for Account Details). Hurry! Only 6 tickets left. A very popular event.

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<tr>
<th>EVENT</th>
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<tbody>
<tr>
<td>At The Riverside Theatre</td>
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<tr>
<td>#203 John Waters: Dylan Revisited</td>
<td>November 8</td>
<td>8pm</td>
<td>$57.10</td>
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<tr>
<td>#204 Someday at Christmas</td>
<td>December 15</td>
<td>3pm</td>
<td>$37</td>
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<tr>
<td>#205 Les Miserables</td>
<td>February 15</td>
<td>2pm</td>
<td>$55</td>
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<td>Proposed Drama Event</td>
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<td>#206 No Pay? No Way?</td>
<td>April 4 2020</td>
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At The Winston

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<thead>
<tr>
<th>Event</th>
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<tr>
<td>Melbourne Cup Lunch</td>
<td>November 5</td>
<td>12.30pm</td>
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And We’re Ready…

**DRAMA MUSIC OPERA EVENTS FOR YOU**

We have selected a diverse range of drama, music and opera over the next few months so let’s Do It ‘Meaders.

FOUNDATION DAY WEEKEND

Oh Yes! This will be fabulous. **FREE** Special Event on Sunday November 3 10am-4pm. Fleet St, North Parramatta at the Female Factory.

**LORD MAYOR’S Seniors’ Christmas Concert**

with afternoon tea 11 December 12-2pm Riverside Theatre

Book now on 8839 3399. Tickets ARE free but you need to have yours booked by November 4.
Northmead & District Probus
Committee of Management

BARBARA TOWART
President
0413 572 713
allanbarb@ozemail.com.au

MALCOLM WESTERN
Secretary
0432 104 473
mal.jeanwestern@optusnet.com.au

JENNY DWYER
Events
0409 651 172
jennydee1851@gmail.com

ROBYN NEWLAND
Events
0419 463 783
grnewlan@bigpond.net.au

ANNE WALLER
Webmaster
0439040777

LYN CURBY
Vice President
Treasurer
0432 679 751
lyncurby@outlook.com

KEN SINCLAIR
Membership Officer
0414 835 840
sicad@optusnet.com.au

PATRICK VALLELY
Tours Coordinator
Events
Membership Assistant
0403 161 51
vallelypk@hotmail.com

LIZ RYAN
Guest Speaker Coordinator
Events
0431 771 884
ryanz1956@gmail.com

LINDA GIBSON-LANGFORD
Newsletter Editor
Web Assistant
0417 892 309

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